

FACTS Food Assistance Coming Together for Seniors

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Winter, 2007

The Human Race

Family, Fitness, and Fun!

Help raise money for Food Assistance

Food Assistance is glad to be participating in the 2007 Human Race for local charities. This community fundraising event will take place between 9:00am-12:00pm on Saturday, March 24, 2007 at Grimsley High School in Greensboro. Featured will be a TAC certified 5k run/walk along with other fun family activities.

Participating organizations receive 75%-85% of the money collected by their runners/walkers. The volunteer center receives the remaining to address community volunteer needs in Greensboro. Last year 130 organizations raised \$260,000!

Enlist your family and friends for this exciting opportunity to spend quality time together while reaching out to help others in need.

Contact: www.FoodAssistanceNC.com under Volunteer Opportunities or email FoodAssistance@att.net for form.

Shop for Charity Day

Spend Money to Make Money!

Shop online to help Food Assistance

Food Assistance is now registered on www.shopforcharityday.com/132261. This inventive website allows you to shop and to visit over 1,000 stores in our virtual mall. Simply choose Food Assistance and shop away! The % of your purchase that will go to Food Assistance is shown. As a member of the "Be The Difference Club", you will receive weekly newsletters full of shopping tips, special promotions, exclusive contents, and offers for new free products. There is no fee to join. To get started, simply log on to shopforcharityday.com/132261 and click on "How to Shop" for easy instructions. The website can also be accessed on www.foodassistancecnc.com. Thank you for your faithful support, and HAPPY SHOPPING!

Welcome Walmart & Kay Chemical!

Corporate Sponsorships Growing! Wal-Mart Donates \$1,000 and Kay Chemical \$3,000 to Food Assistance

Food assistance would like to recognize Wal-Mart and Kay Chemical as our newest Corporate Sponsors. Wal-Mart's donation is part of their "Good Works" program which supports local charities through grass roots giving. Kay Chemical/Ecolab Foundation is a donation from their Community Support Board.

Thank you Wal-Mart and Kay Chemical for your support and dedication to our community outreach "Groceries on Wheels"

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Food Assistance Board of Directors

Jane Carlson, Executive Director

Tim Pless, Chairman

Dan Jones, Vice Chair

Lauren Haldeman, PhD., Nutrition Director

Thaddeus McEwen, Secretary/Treasurer

Special Needs

Food Assistance welcomes funds to supply special needs to our participants.

Currently we have a participant who needs a man's coat 40-42 size. You might have a gently used coat you would like to donate. **If you would like to help, tag your donation (Coat).**

We also have a senior in need of carpet in her apartment to help her stay warm. **If you would like to help, tag your donation (Carpet).**

Funds are also needed to purchase extra items for our participants such as household items, toiletries, meats and frozen and fresh vegetables. **If you would like to help, tag your donation (General).**

Finally, our warehouse is in need of a new or used produce cooler. **If you would like to help, tag your donation (Cooler).**

All donations are tax deductible under the NC 501C-3 non-profit status. Donations may be mailed to Food Assistance, Inc., 102 Kirk Road, Greensboro, NC 27455, or made online at www.foodassistancenc.com.

Adopt-A-Senior

This program offers a wonderful opportunity for individuals, families, schools, businesses, and civic groups to get personally involved with an in-need senior or disabled person in our community. Simply contact us at foodassistance@att.net and we will email you a list of participants from which to choose.

For one year, you may personally assist this individual by: Donating funds, buying or making special occasion gifts, sending cards, including special items in their food bags, delivering a special meal. Be Creative!

You will be the one blessed! Contact us today to get started.

Volunteers Needed

Food Assistance needs your help! Sign up today at foodassistancenc.com/volunteer opportunities.

No experience is needed. Work in the warehouse, collect food, deliver groceries, and more. School, business, and civic groups welcome!

Distribution Schedule

January 19, 20

February 16, 17

March 16, 17

April 20, 21

May 18, 19

June 15, 16

July 20, 21

August 17, 18

September 21, 22

October 19, 20

November 16, 17

December 14, 15

"Groceries on Wheels"

